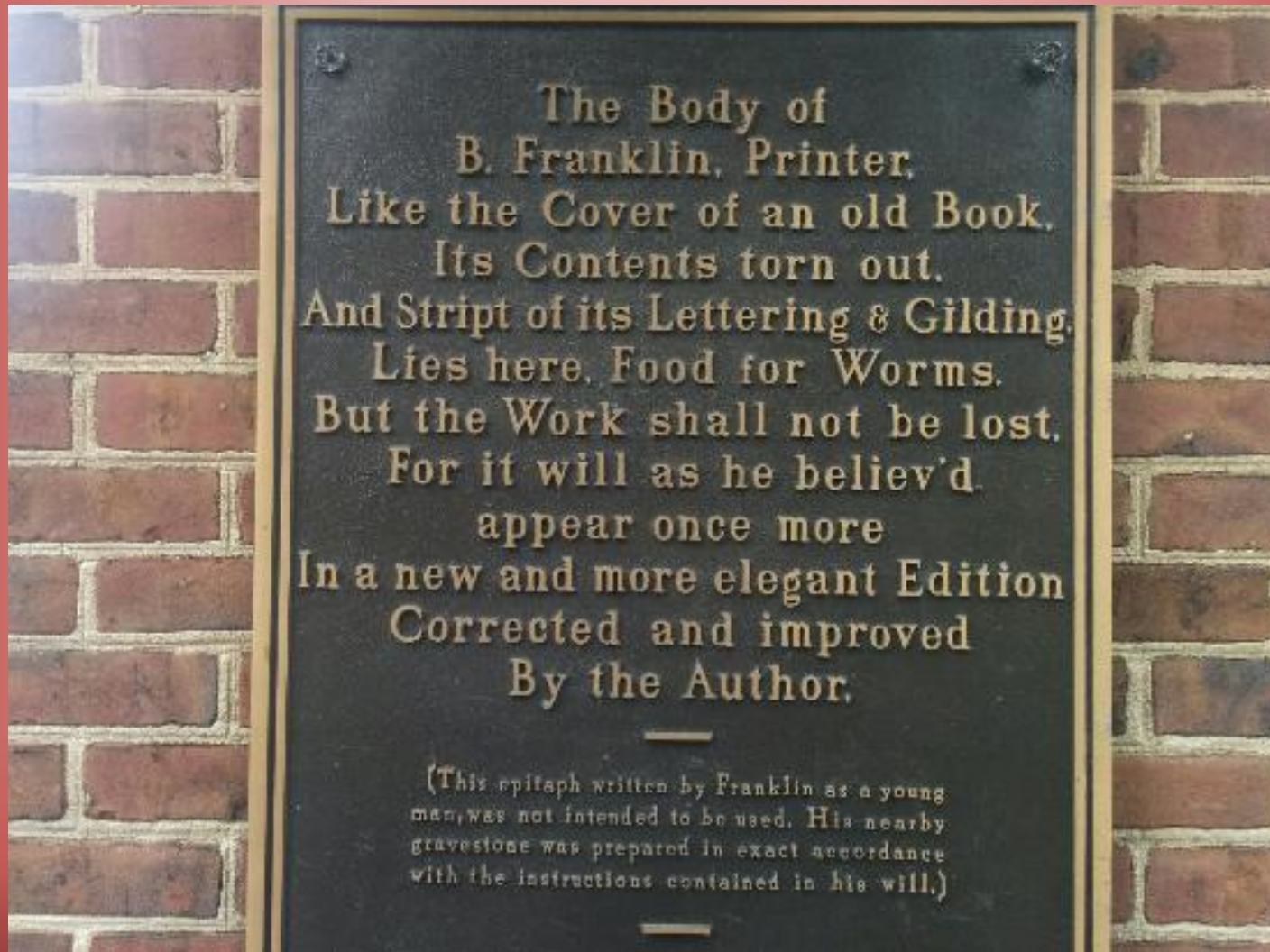


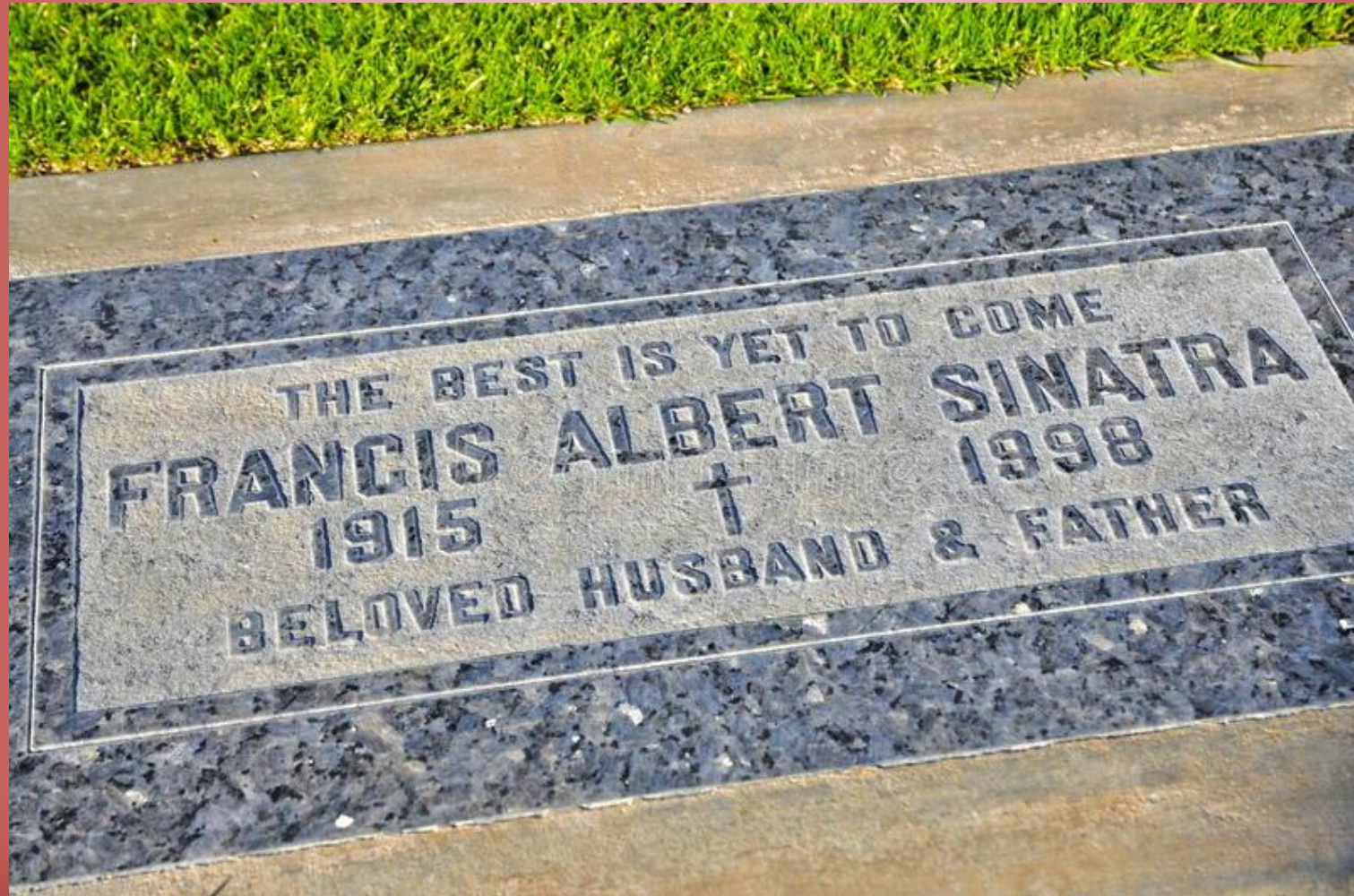
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Psalm 90 - A prayer of Moses the man of God.

¹ Lord, you have been our dwelling place
throughout all generations.

² Before the mountains were born
or you brought forth the whole world,
from everlasting to everlasting you are God.

³ You turn people back to dust,
saying, "Return to dust, you mortals."

Exit Stage Right

- ⁴ A thousand years in your sight
are like a day that has just gone by,
or like a watch in the night.
- ⁵ Yet you sweep people away in the sleep of
death - they are like the new grass of the
morning:
- ⁶ In the morning it springs up new,
but by evening it is dry and withered.

Exit Stage Right

- ¹⁰ Our days may come to seventy years,
or eighty, if our strength endures;
yet the best of them are but trouble and
sorrow, for they quickly pass, and we fly away.
- ¹² Teach us to number our days,
that we may gain a heart of wisdom.

Exit Stage Right

1) *the fleetingness and the impermanance of this life*

Ecclesiastes 7:2 ... for death is the destiny of everyone; the living should take this to heart.

Exit Stage Right

2) the significance and urgency of caring for your soul

“You cannot over-estimate the un-importance of almost everything.” – John Maxwell

“There are two rules for living in harmony. #1) Don't sweat the small stuff and #2) It's all small stuff.” – Wayne Dyer

Exit Stage Right

Luke 12:16 And Jesus told them a parable, saying, “The land of a rich man was very productive. ¹⁷ And he began reasoning to himself, saying, ‘What shall I do, since I have no place to store my crops?’ ¹⁸ Then he said, ‘This is what I will do: I will tear down my barns and build larger ones, and there I will store all my grain and my goods.

Exit Stage Right

¹⁹ And I will say to my soul, “Soul, you have many goods laid up for many years to come; take your ease, eat, drink and be merry.”” ²⁰ But God said to him, ‘You fool! This very night your soul is required of you; and now who will own what you have prepared?’ ²¹ So is the man who stores up treasure for himself, and is not rich toward God.” (NASB)

Exit Stage Right

Ephesians 5:15 Be very careful, then, how you live - not as unwise but as wise, ¹⁶ making the most of every opportunity, because the days are evil.