

A LIFE
WELL
LIVED...

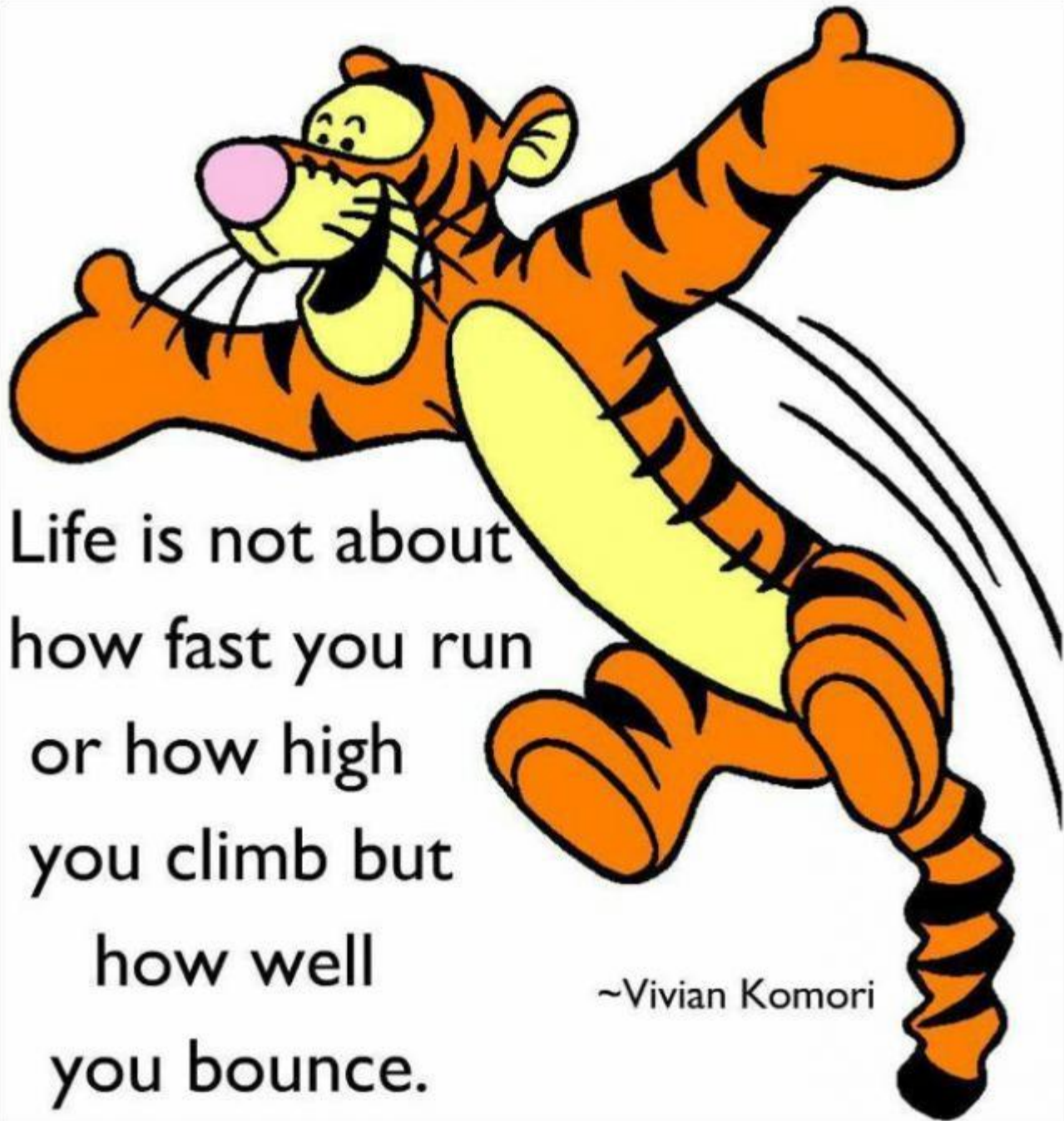


Be
Good
and
Kind
to
Whoever
You
Meet
Yes



A Life Well Lived

"God gave us the gift of life; it is up to us to give ourselves the gift of living well." - Voltaire



Life is not about
how fast you run
or how high
you climb but
how well
you bounce.

~Vivian Komori

Toxic
Friends
True
Friends

How Your Friends
Can Make or Break
Your Health, Happiness,
Family, and Career

Florence Isaacs

A Life Well Lived

“You are the average of the five people you spend the most time with.” — Jim Rohn, author, motivational speaker.