

A LIFE  
WELL  
LIVED...



Be  
Good  
and  
Kind  
to  
Whoever  
You  
Meet  
Yes





4 ALS



# GRATITUDE

“... it is only with gratitude that life becomes rich.”

Deitrich Bonhoeffer (1906-1945), German pastor


[bethvogt.com](http://bethvogt.com)



# A Life Well-Lived – Grumbling or Grateful

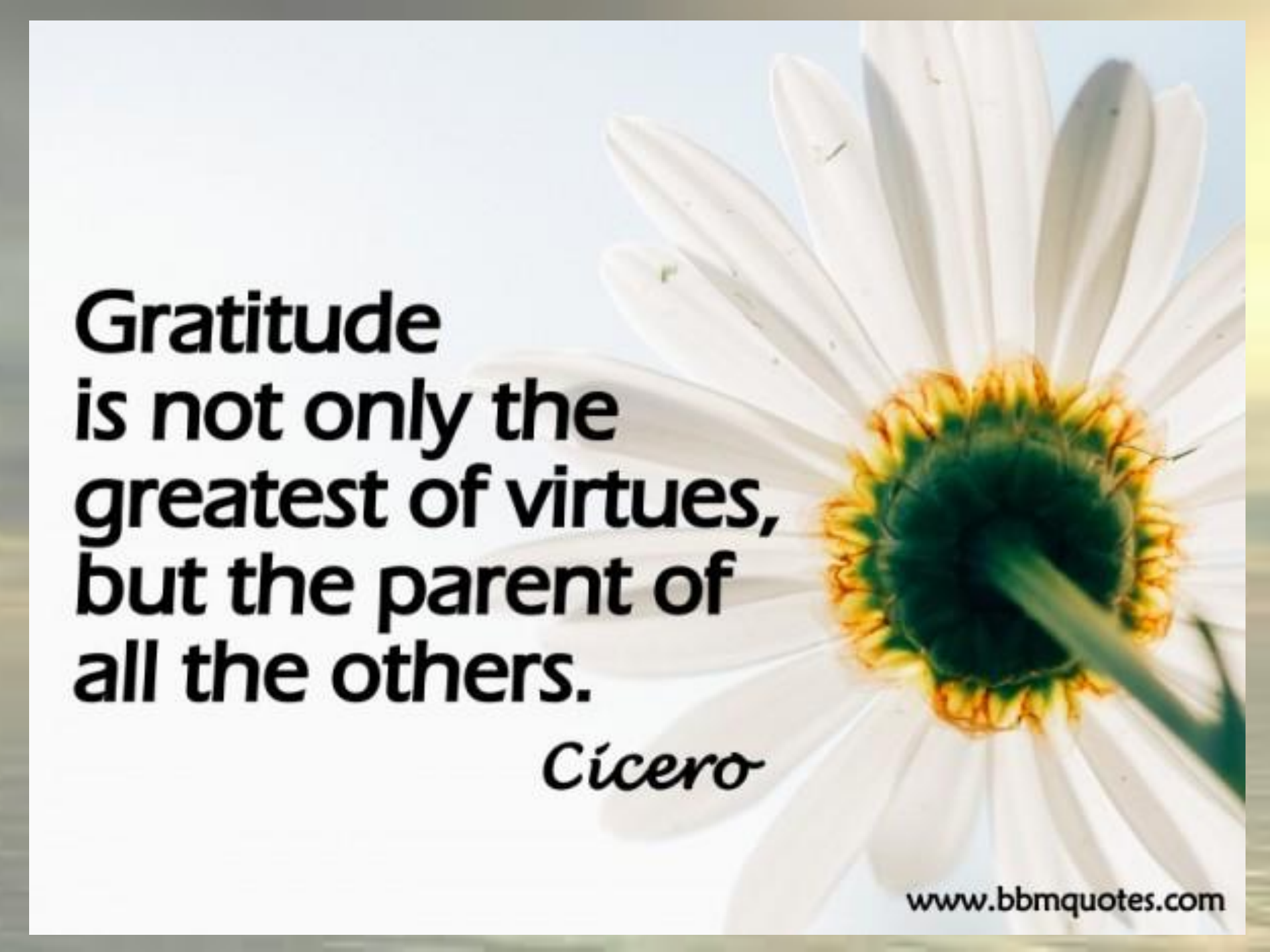
Philippians 2:14 Do everything without grumbling or arguing

1 Corinthians 4:7 What do you have that you did not receive? And if you did receive it, why do you boast as though you did not?



The  
**Grateful  
Brain**

[www.RebuildingWellness.com](http://www.RebuildingWellness.com)



**Gratitude  
is not only the  
greatest of virtues,  
but the parent of  
all the others.**

*Cicero*

# A Life Well-Lived – Grumbling or Grateful

1 Thessalonians 5:18 give thanks in all circumstances; for this is God's will for you in Christ Jesus.

## A Life Well-Lived – Grumbling or Grateful

1 Corinthians 15:57 But thank God! He gives us victory over sin and death through our Lord Jesus Christ.

Hebrews 12:28 Since we are receiving a Kingdom that is unshakable, let us be thankful and please God by worshiping him with holy fear and awe.