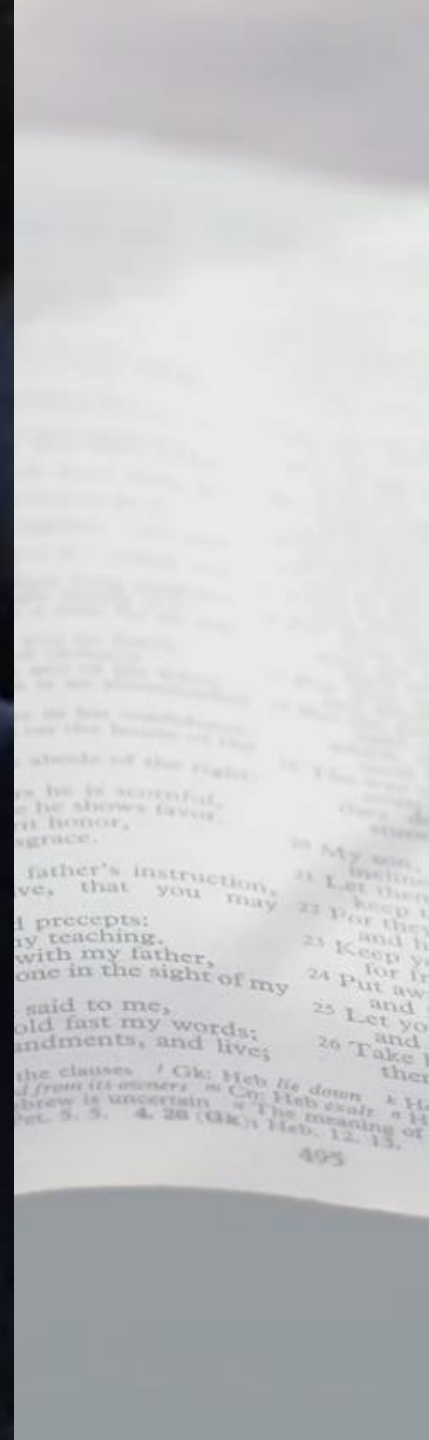
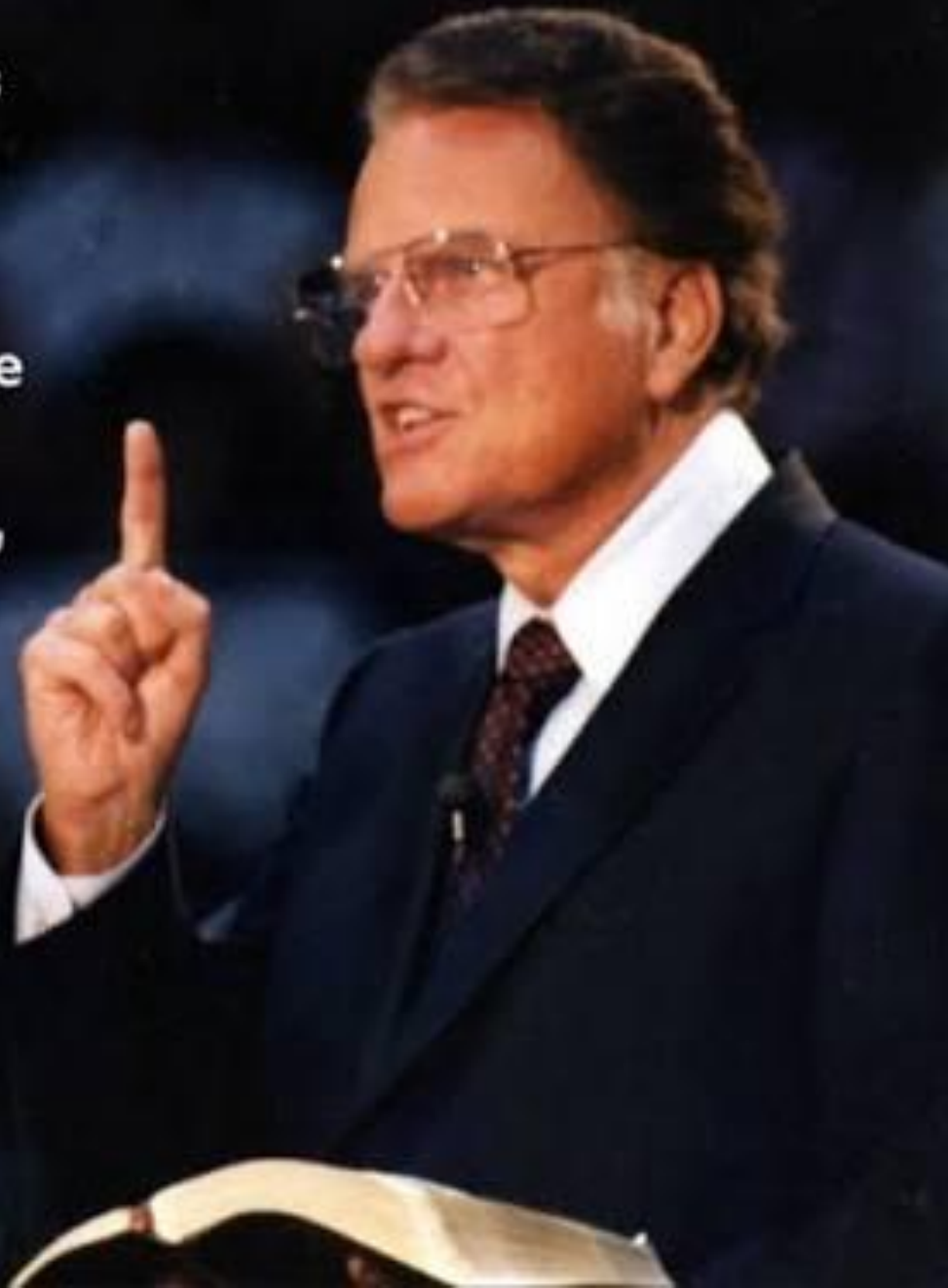


"I believe in angels  
because the Bible  
says there are  
angels; and I believe  
the Bible to be the  
true Word of God."

*Billy Graham*





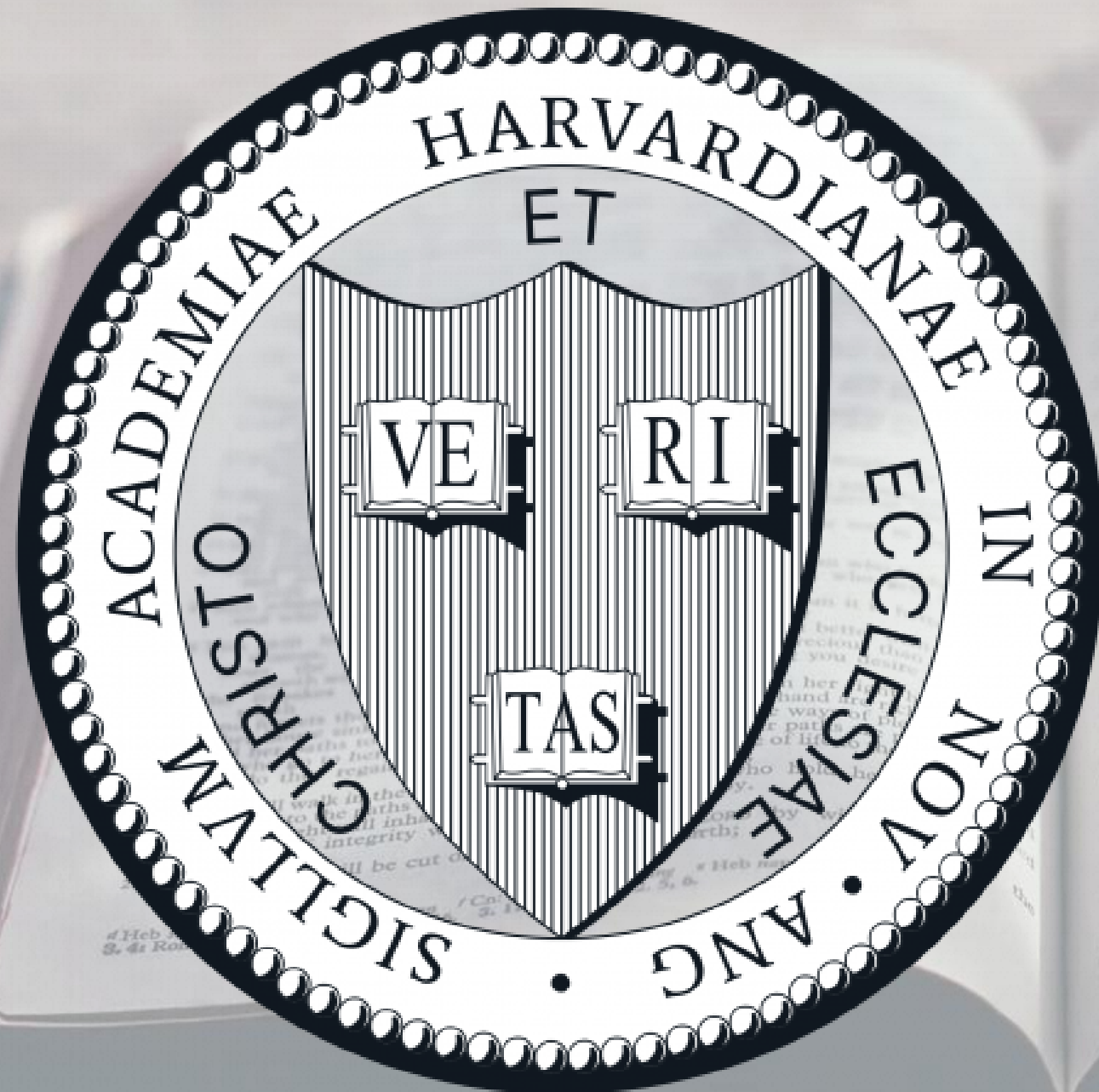
# “The Bible says ...”

James 1:18-25

Ephesians 1:13 And you also were included in Christ when you heard the message of truth, the gospel of your salvation.

1 Peter 1:23 For you have been born again, ... through the living and enduring word of God.

James 1:18 He chose to give us birth through the word of truth.



“The Bible says ...”

James 1:18-25

*“The further a society drifts from the truth, the more it will hate those who speak it.” - George Orwell*



# “The Bible says ...”

## James 1:18-25

<sup>19</sup> My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry,

<sup>20</sup> because human anger does not produce the righteousness that God desires. <sup>21</sup> Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.

# “The Bible says ...”

## James 1:18-25

<sup>23</sup> Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror <sup>24</sup> and, after looking at himself, goes away and immediately forgets what he looks like.

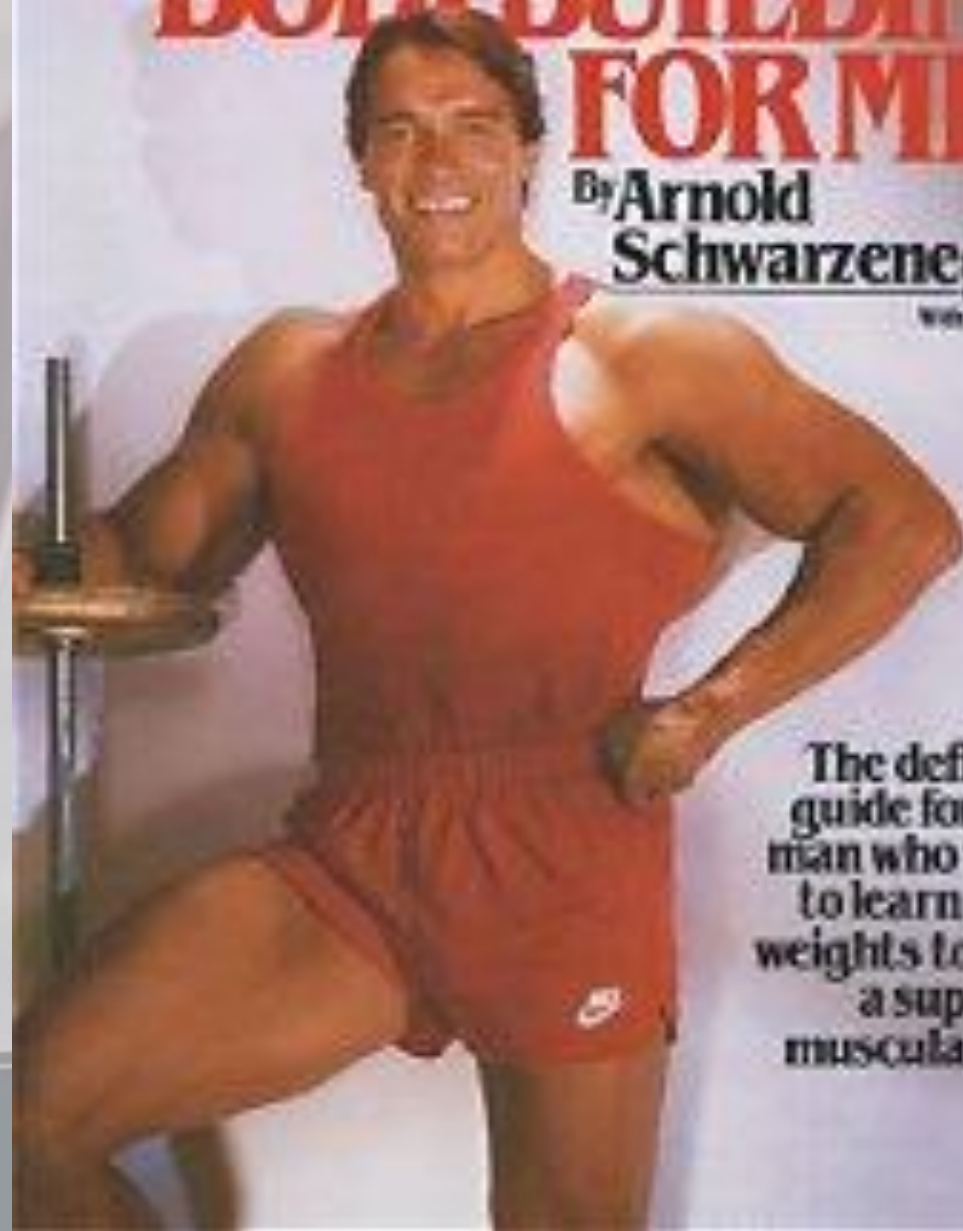
<sup>25</sup> But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.



# ARNOLD'S BODYBUILDING FOR MEN

By **Arnold  
Schwarzenegger**

With Bill Dobbins



**The definitive  
guide for every  
man who wants  
to learn to use  
weights to build  
a superb, fit,  
muscular body**

4 Hear, O sons, a father's instruction,  
and be attentive, that you may  
gain insight;  
for I give you good precepts:  
When I was a son with my father,  
tender, the only one in the sight of my  
mother,  
he taught me, and said to me,  
"Let your heart hold fast my words;  
keep my commandments, and live;  
processing the order of the clauses. 1 Gk: Heb lie down. 2 H  
1 Gk: Do not withhold good from its owners. 3 Ch: Heb exalt. 4 H  
5 The meaning of the Hebrew is uncertain. 6 The meaning of  
2. 24 (Gk); Jas. 4. 6; 1 Pet. 5. 5. 4. 26 (Gk); Heb. 12. 13.  
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