

# Toward an Understanding of Pain and Suffering

## Mark 4:35-41

Mark 4:35 That day when evening came, he said to his disciples, “Let us go over to the other side.”<sup>36</sup> Leaving the crowd behind, they took him along, just as he was, in the boat.<sup>37</sup> A furious squall came up, and the waves broke over the boat, so that it was nearly swamped.<sup>38</sup> Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don’t you care if we drown?”

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<sup>39</sup> He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm.

<sup>40</sup> He said to his disciples, “Why are you so afraid? Do you still have no faith?”

<sup>41</sup> They were terrified and asked each other, “Who is this? Even the wind and the waves obey him!”



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## **Mark 4:35-41**

Matthew 10:28 Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell.